



BACK CARE solutions

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Remove all items from the box and ensure everything is included (arms and neck rest will only be included if specifically on your order)

Slot each castor into the feet of the star base if they are not already connected - ensuring they are fully inserted

Place the star base on the floor and insert the gas stem with the narrow tip facing upwards. Place the plastic gas stem cover over the gas stem

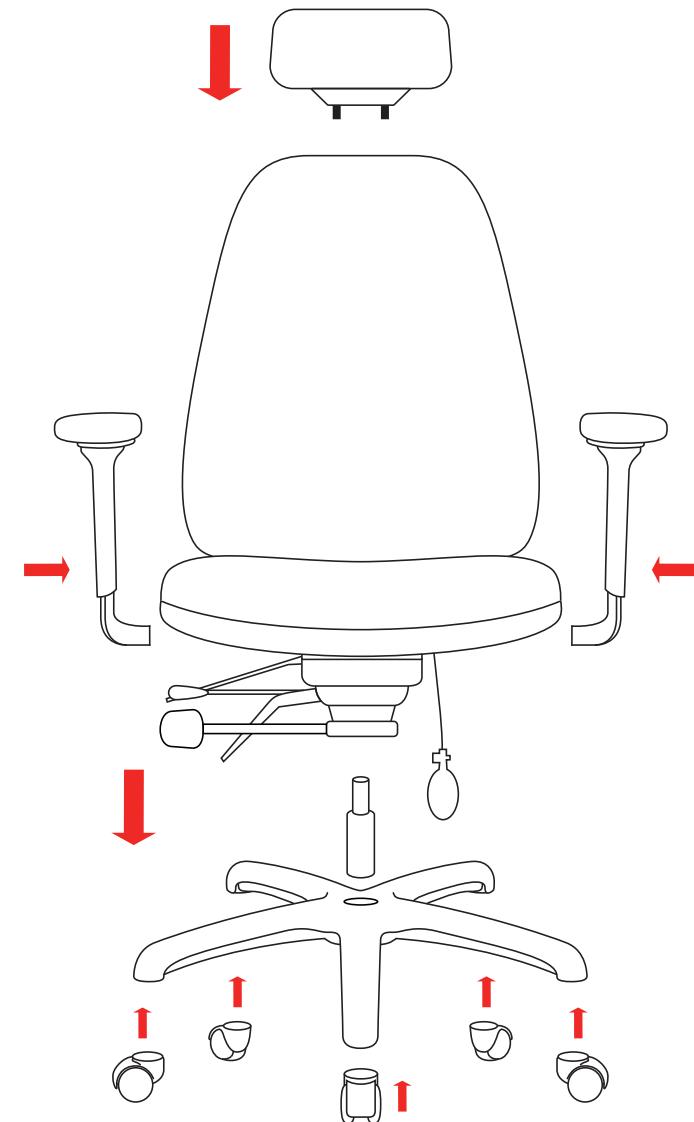
On the underside of the seat mechanism you will find a circular slot for this gas stem tip to go into. Place the seat mechanism onto the gas stem so it fits into the slot

Once positioned, kneel on the seat and lift the middle of the three levers for the seat height to ensure it is securely fitted

If your chair has arm rests, fit these to the arm bar under the seat using the screw provided. They are best positioned with the stem of the arm rest angled backwards

If your chair has a neck/head rest, remove the two circular hole covers at the top of the backrest and simply slot into place

SUPPORT WHERE YOU NEED IT



ADAPT 600
ASSEMBLY INSTRUCTIONS