



BACK CARE solutions

SUPPORT WHERE YOU NEED IT

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Remove all items from the box and ensure everything is included (arms and neck rest will only be included if specifically on your order)

Slot each castor into the feet of the star base if they are not already connected – ensuring they are fully inserted

Place the star base on the floor and insert the gas stem with the narrow tip facing upwards

On the underside of the seat mechanism you will find a circular slot for this gas stem tip to go into. Place the seat mechanism onto the gas stem so it fits into the slot

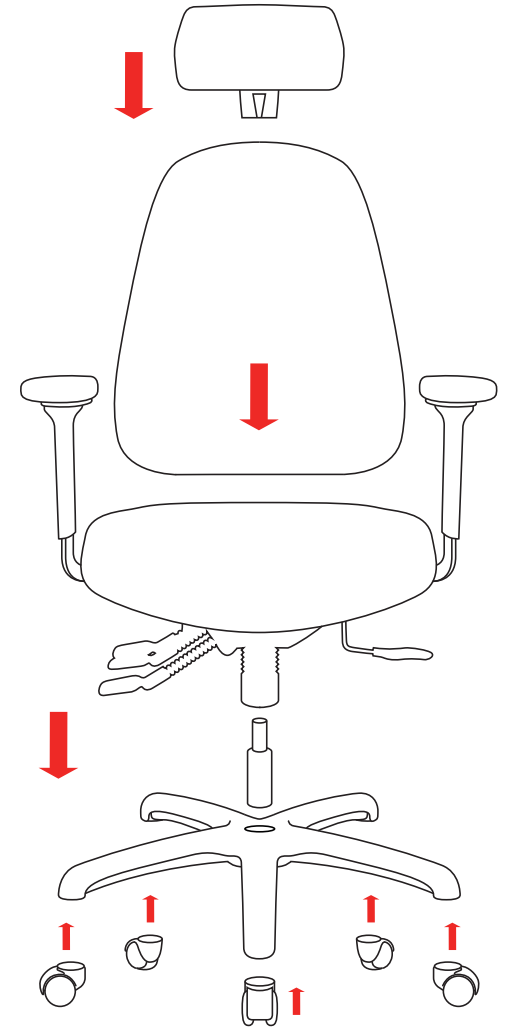
Once positioned, kneel on the seat and lift the front of the three levers for the seat height to ensure it is securely fitted

Position the backrest so that the back bar slots into the chair mechanism. It should fall to its lowest position

Lift the back rest. You should hear the back rest clicking at the different height settings if it is fitted correctly

If your chair has arm rests these will already be attached to the seat base

If your chair has a neck rest, slot this into the recess at the top of the backrest



BEST HOME WORKING OFFICE CHAIR

ASSEMBLY INSTRUCTIONS