

STEP 01

Remove all items from the box and ensure everything is included - arm rests and neck rest will only be included if specified on your order

STEP 02

Slot each castor into the feet of the star base if they are not already attached, ensuring they are fully inserted

STEP 03

Place the star base on the floor and insert the gas stem with the narrow end facing upwards

STEP 04

On the underside of the seat mechanism you will find a circular slot for the gas stem tip to position into. Place the seat mechanism onto the gas stem so the tip fits into this slot

STEP 05

Once positioned, press down firmly on the seat and lift the front of the three levers for the seat height to ensure it is securely fitted

STEP 06

Position the back rest so that the back bar slots into the chair mechanism. It should fall to its lowest position

STEP 07

Lift the back rest. When doing so, you should hear it clicking through the different height settings if it is fitted correctly

STEP 08

If your chair has arm rests, they will already be attached to the seat base and require no further assembly

STEP 09

If your chair has a neck rest, slot this into the recess at the top of the back rest

BEST HOME WORKING OFFICE CHAIR

ASSEMBLY INSTRUCTIONS



BACK CARE
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SUPPORT WHERE YOU NEED IT