



BACK CARE
solutions

SUPPORT WHERE YOU NEED IT

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Remove all items from the box and ensure everything is included (arms and neck rest will only be included if specifically on your order)

Slot each castor into the feet of the star base if they are not already connected – ensuring they are fully inserted

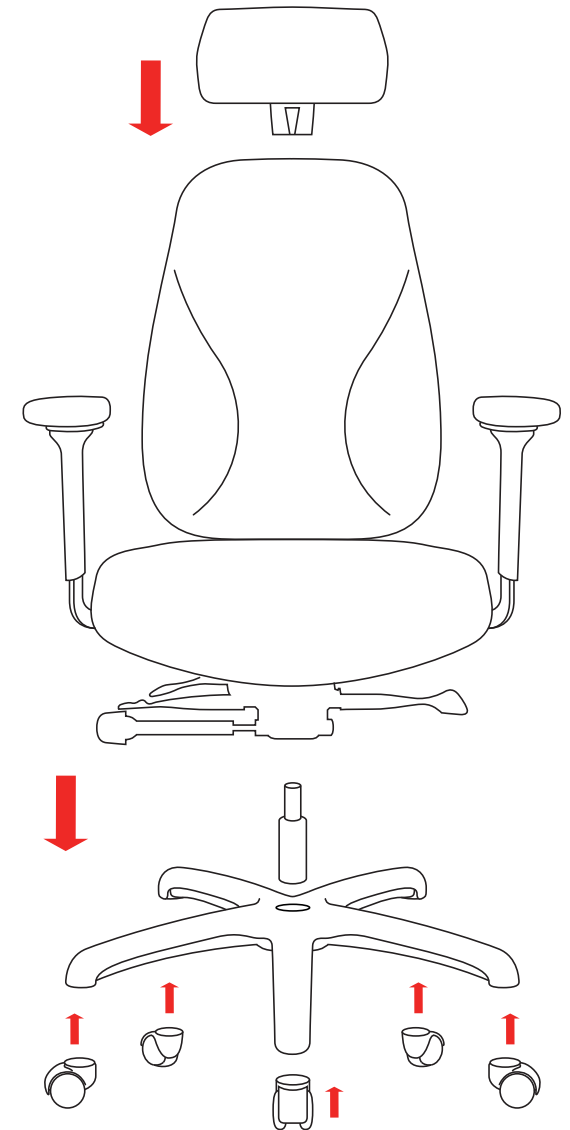
Place the star base on the floor and insert the gas stem with the narrow tip facing upwards

On the underside of the seat mechanism you will find a circular slot for this gas stem tip to go into. Place the seat mechanism onto the gas stem so it fits into the slot

Once positioned, kneel on the seat and twist the front lever for the seat height towards you to ensure it is securely fitted

If your chair has arm rests these will already be attached to the seat base

If your chair has a neck rest, slot this into the recess at the top of the backrest



OPERA 50
ASSEMBLY INSTRUCTIONS